

# GWIAZDA



fot. Grzegorz Press

## HAMER SIT-UP

**This performance was created in cooperation between Teatr 21 and STUDIO teatrgaleria. It is financially supported by funds from the Ministry of Culture, National Heritage and Sport of the Republic of Poland. Program Centrum Sztuki Włączającej / Teatr 21 is financially supported by the city of Warsaw.**

Karolina Hamer issues a new challenge to herself and the audience. Swimmer and activist – winner of 173 medals at World and European Championships, a leading protestor among people with disabilities, and the first person to “come out” in Polish sports will perform the world’s first “sit-up”. A sit-up is a taunt to make us think, a brand-new, comedy-drama solo stage formula. It enables shared, deep immersion in a narrative of being a homie from an estate in Tychy, a champion swimmer, and a bisexual woman with disability. Freestyling in terms of both hip hop and swimming, we float through Polish communist housing estates and Olympic swimming pools, hospitals and schools, parliamentary and street protests – all the way to the shore, to the questions of where we find ourselves as a society, of the place of women and non-normative people within it, and of how we organize our world. It will be fun.

After the performance, a meeting with the creators is planned.

 tickets 15/5 zł

 Malarnia Stage | Teatralna 2a

**leading role** Karolina Hamer  
**direction** Justyna Sobczyk  
**script** Karolina Hamer, Magdalena Staroszczyk  
**dramaturgy** Magdalena Staroszczyk  
**stage design, costumes** Magdalena Łazarczyk  
**lighting** Dariusz Zabiegałowski  
**music** Sebastian Świąder  
**visualisations** Łukasz Sosiński  
**concept** Justyna Sobczyk, Justyna Lipko-Konieczna  
**production** Teatr 21 – Marcelli Sulecki  
**executive director** Monika Balińska